## Try this... Instead of THAT

Focusing on negative behaviors

Ignoring unwanted behaviors (when safe & possible)

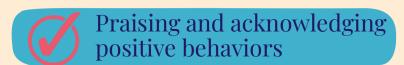




Never Providing opportunities for the child to make choices

Providing choices that allow the child to feel in control





Believing the child is intentionally acting out or blaming poor parenting

Recognizing behaviors as a form of communication



Following through on what you say and making realistic promises & consequences

Giving consequences that do not match the behavior

Using natural consequences



Acknowledging how the child is feeling & reducing the demand

Waiting for a behavior to occur before setting expectations Clearly stating expectations
BEFORE behavior begins



